



**Serving victims of domestic violence in the
San Fernando Valley**

2003-2004 Annual Report

A Success Story

Hi there. My name is Mike Dunigan and, believe it or not, my mother, sister, and I were clients twenty years ago. Looking back now, it seems like an eternity. While time has certainly passed, my experience at the shelter and with your counseling programs continues to have an influence on my daily life. In fact, I liken that whole time in my family's life to that of a butterfly transformation. Before, we were a vulnerable caterpillar. Our time at Haven Hills was the cocoon phase. It not only gave us a chance to heal, but it was also a time where we were able to learn and become more aware. The programs at Haven Hills gave us a chance to put it and keep it in perspective. And the final result, growing into a butterfly, is something that happens over time. It isn't something that happens immediately, but rather is an ongoing process of growing and healing. The shelter "released" us and gave us a chance to stretch our wings and fly, but it would take many years before I would come to realize the full effects of the overall process.

I look at my mother and see a survivor who has overcome incredible odds. She had to become a single mother and provide a home for her family. Instead of being a victim, she decided to maintain a positive outlook to better her life and the lives of her children. While there were some difficult times where we had to rely on public assistance and charity, she always made sure that we gave back what we could. Over the years, my mother worked on her education, established a career and has grown into a management position.

My sister was quite young during our stay at the shelter. Recently, she got a college degree and has dedicated her career to social services. Always headstrong, she has become an independent woman who knows that she can do anything she sets her mind to. She recently became a new mother and I can recognize the peace in her family.

As for me, I too have gotten a college degree and am in a successful career. I've been happily married for a year now and we're expecting our first child in December. My wife asked me the other day if I ever feared that I would repeat the same "mistakes as my father"? I am confident that will not be the case with me. Not only do I have my own experiences to ground me, but I have an awareness and a sort of enlightenment that I think only someone who has been through your program can fully appreciate.

So, what is the purpose of my writing? Namely, to tell you thank you. Your work does indeed make a difference that can last a lifetime. I will be the first to say that I did not enjoy the shelter experience. Of course, that wasn't the intended goal...we weren't on a vacation...rather, we were trying to manage a crisis in our lives. I've come to realize that healing is a painful process...that life is indeed a long story and our experience at the shelter is just one key chapter. At the time, people told us that things would get better. It is really hard to believe it though while you are going through it. I look back on the last twenty years and see the success and happiness that my mother, sister, and my new family have and I know that I wouldn't trade it for anything.

Please keep up the hard work and know that you do indeed make a difference.

Best Wishes,

Mike Dunigan

Our Mission



Haven Hills provides safety and support to victims of domestic violence, while working to break the cycle of abuse. We offer shelter, crisis intervention, counseling and advocacy to victims primarily in the San Fernando Valley of Los Angeles. We endeavor to increase community awareness about domestic violence issues and bring about societal change through education and public policy advocacy.

Our History

Haven Hills began in 1976 as a grass-roots community effort by members of the Canoga Park Women's Club, who realized that the San Fernando Valley had no services for victims of domestic violence. These committed women brought together a broad spectrum of service providers to discuss the overwhelming need for programs to aid battered women and their children. They decided to meet the challenge by creating a non-profit agency to offer service to this underserved population.

The agency was incorporated in 1977 and immediately established a speakers bureau and volunteer training program. The Crisis Line began operating in 1978 followed by the Counseling Clinic. In 1980 the 30-day crisis shelter opened with 36 beds and soon thereafter, a school was started on site. The vision had been realized.

But the women leaving the shelter expressed a need for more time in a safe, supportive environment to begin putting their lives back together. As a result, the board and staff began planning for expansion and in 1997 the dream became reality with the opening of Haven Two, an 18-month transitional housing facility. This 26-unit apartment complex allows women the opportunity to begin rebuilding their lives and take steps to become self-sufficient.

Valley D.A.R.T. (Domestic Abuse Response Team) was also launched in 1997 in conjunction with L.A.P.D. Trained volunteer advocates respond with police to domestic violence calls offering immediate assistance with medical, legal and counseling referrals and shelter options. Because victims of domestic abuse have special concerns that affect their ability to secure and hold employment, Haven Hills opened a CalWorks office in collaboration with the GAIN program in 1998. With a grant from the County of Los Angeles, this program was developed in collaboration with the LA Department of Public Social Services and the San Fernando Valley Neighborhood Legal Services. CalWorks provides services to clients who are working toward employment, with a special focus on how welfare reform impacts battered women. Our mission to break the cycle of violence through prevention and education was strengthened with the start of our teen violence prevention program, Love's Child, in 2000. This peer-run, art based program addresses healthy relationships and dating violence for at-risk youth.

Since its beginning 27 years ago, Haven Hills has helped over 100,000 women and children and is dedicated to continuing its efforts to break the cycle of violence in our community.

A Message from the President, Doug Draper

Dear Friends and Supporters of Haven Hills:

The 2003-2004 year at Haven Hills was one of change, challenge and progress.

Our Service Center was rebuilt and refurbished. The new facility both looks and works better than the old one, due in part to a generous donation of chairs, desks, file cabinets and a conference table from one of our corporate sponsors, Clear Channel Outdoor. Our formerly nomadic board now has an ideal home in the conference room. More importantly, the building is now a more accommodating and functional place for staff offices and group counseling.

A number of qualified people were added to our staff, including a new Clinical Director, a new Development Director, a new Executive Assistant and a new Training Facilitator. Those four individuals have each done their part to maintain and develop Haven Hills' excellent reputation in the domestic violence community and we are grateful for their service.

Because Haven Hills receives approximately eighty percent of its revenue from state and local government grants, the state budget crisis presented Haven Hills with a number of financial challenges. Haven Hills addressed the challenge by continuing to work closely with the state, county and city funding agencies during this difficult year, and by expanding its support base in the community by developing new corporate partnerships with Telesis, UPS and Kaiser. Our friends at Kaiser actually sent a construction crew who completely renovated one of the apartments at Haven Two, our transitional living facility. Elsewhere in this annual report, you will see a list of the foundations and major donors who supported Haven Hills during the 2003-2004 year. We are deeply indebted to the public and private entities and individuals on that list, and to hundreds of others who generously contributed to Haven Hills during the past year.

An important component of the mission of Haven Hills is our effort to increase community awareness of domestic violence issues and to bring about societal change through education and public policy advocacy. Toward that end, our Love's Child group held a summit attended by 200 teens, whose consciousness of domestic violence issues and the importance of having healthy relationships was raised by the event. The Woodland Hills Chamber of Commerce chose Haven Hills as the beneficiary of their 2003 golf tournament. An advertising class at Pepperdine University developed a marketing campaign for Haven Hills. And finally, our Executive Director, Betty Fisher, poured an enormous amount of her unparalleled knowledge, talent and energy into the effort to maintain support for domestic violence programs on the state and local levels throughout this challenging year.

This annual report is intended to give you a snapshot of the programs and services provided by Haven Hills for the intervention and prevention of domestic violence. These services are essential to our community and require your continued support.

Sincerely,



A Message from the Executive Director, Betty Fisher

Throughout the years, I have come to realize that there are many people who care about Haven Hills. Rarely more than a few days go by when I don't hear compliments about the value of the work we are doing or how important we are to the community.

Since 1977 Haven Hills has been part of the community; first a small part, then growing into a larger one. This happened because of the caring people who played different roles for Haven Hills.

The first were our founders who saw a need for services for domestic violence victims and moved forward to meet that need. Then the individuals who served on our Board of Directors and those who serve now; the staff whose strong commitment to victims helped make the program what it is today; our donors, some of whom began supporting Haven Hills in the late 1970's; donors who came later as they became aware of the extent and impact of the cycle of violence in the home.

These folks stayed with us over the years or in some cases moved on, taking what they learned about domestic violence with them to other parts of their lives and to other people who need someone who understands.

This reporting year has been a difficult one. Uncertainties about funding, competing interests of the many deserving non-profits in the Los Angeles area and the appearance of more and more domestic violence victims needing more and more services from Haven Hills and our shrinking resources. And then there is the on-going struggle to keep Haven Hills current with the times in our capacity to respond to the requirements of funders who want data, information, evaluation, and a level of technical proficiency that must be supported.

Probably the comment I hear most often from board, staff, donors, volunteers and just about anyone I might happen to be talking to, is "There was no place like Haven Hills when I (or my mother, sister, friend, etc.) needed you. I'm so glad you're there."

With the continued support of all those who care, we will be for a long time.

A handwritten signature in cursive script that reads "Betty Fisher". The signature is written in black ink and is positioned to the left of a vertical line.

Betty Fisher

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Attorney

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Administrative Staff

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Sara Berdine, Assistant Director
Tracy Burrell, PhD., Clinical Director
Cynthia Clark, Controller

Joanne David, Director of Development
Penny Newmark, Executive Assistant

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Report designed by Tracy Lynn Krauss
Special thanks to Jae Levine Weiss for sharing her story

Advisory Council

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Attorney

Joy Picus
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California State Assembly

Dr. Joy McCaslin
L.A. Pierce College

Karyn Palmer
Hillside Mortuary

Earl Fagin
Attorney

24-Hour Crisis Line

Statistics

3,170 calls came from the victims themselves
23,844 calls came on behalf of a battered woman



The Haven Hills Crisis Line is a 24-hour a day, 7-day a week link for victims of domestic violence. Most of the calls come from a friend or relative of the victim seeking information on her behalf. In these cases, the crisis counselor gives information about options and resources and encourages the caller to have the victim call. Often, this is the first time the woman has reached out for help. The counselor explores the situation with her including the level of danger she may be in and options she has including staying with family, taking out a restraining order, coming to a shelter, going to a motel, etc. As a result of this call some women will come immediately to the shelter and some will call back to talk more. Whatever she does, she now knows that help is available and there are several options she can choose to begin her journey toward a violence-free life.

Volunteers

Yvette Arroyo
Delores Deutch
Alana Perper
Lee Rappa
Misty Stevens

On the following pages you'll read about how Haven Hills helped one woman and her son rebuild their lives.

On July 19, a few years ago, my fourteen-year-old son was injured in what was not necessarily the worst, but fortunately the last beating either of us would sustain at the hands of my husband. Within days of my leaving, my husband took my car, cleaned out the bank accounts, sold the furniture, ran the credit cards up to their limits and ceased all payments on any outstanding bills we had accumulated together. While frantically destroying me financially, he was calling me at my parents house, alternating between promises and pleas, and threats against my life if I didn't come home. Even my parents became afraid.

When I spoke to the woman on the crisis line she identified me as a battered woman for the first time. I was shocked. I was sure she had misunderstood me, or that I had exaggerated my situation. My husband did have a hot temper but "battering" was not a word I had ever applied to my life. I connected that term with the characters in "The Burning Bed" - stereotypically undereducated and poor; certainly not a nice upwardly-mobile Jewish family from suburban Southern California.

30 Day Crisis Shelter

Statistics

112 Women
206 Children

The Haven Hills Crisis Shelter not only provides a safe place for a woman and her children, but also extensive counseling and services to help them begin rebuilding their lives. While they are at the shelter the woman is not able to go back to her job and the children cannot return to their regular school. Their lives have completely changed over night and the woman is faced with the realization that she is now responsible for herself and her children. But, as one former shelter resident said "what they gave me most was hope. Because when I came here, I was hopeless".

Our staff immediately brings a huge network of resources to help the woman and children. They contact her job and the school, help her file a police report and file for a restraining order, help her get TANF emergency money, provide bus or taxi vouchers to medical appointments and give her clothing and food. Advocates accompany her to court if she has to face her abuser and provide intensive individual and group counseling for her and the children. It's here in the shelter that the women begin to realize that they are not alone and there is the possibility of a new life. Because, as one of our shelter residents said, "no one does this alone".

Staff

Christina Mena, Case Manager
Barbara Dave, Evening Supervisor
Cecilia Flores, Intake Manager

Marie Morgan, Weekend Supervisor
Chris Perkins, Children's Program
Josie Villegas, Weekend Supervisor

Court Advocate Volunteers

Amy Tu
Joanne Nickerson

I left with barely more than the shirt on my back, driving away from my middle-class life into instant total poverty. I had to disappear from my home, abandoning every belonging I had ever acquired, leaving my job, my son's school, our friends, and the lifestyle we had known.

As I went through the gate into the shelter, I was overcome by a sense of safety I hadn't realized had been missing from my life for a long, long time. That was the moment when, without asking me for anything in return, they gave me and my son what turned out to be the beginnings of a new life. They led us to a small apartment and gave me the key. They brought bags of groceries to us. I was still numb and confused. I was speechless. I couldn't believe my life had come to this.

Someone gave me a small, draw-string bag, hand-made from a floral print fabric. The bag contained tissues, perfume and lipstick, and a little note. I stood in that kitchen surrounded by grocery bags, clinging to that floral bag and to the little note. I burst into tears. The note, from the Women's Club of a local church, simply said "We Care".

Shelter School

The children in the Haven Hills 30-day Crisis Shelter do not continue to go to their regular school because it is too dangerous and they are in need of intensive counseling during this time. As a result, Haven Hills has a school on site where all the children, regardless of age, attend school at the same time in the same room. The teacher uses a variety of teaching methods and projects to keep them at their grade level, sometimes contacting the school they were in to get information about work.

The teacher assesses where they are academically and sets goals for each child. She works closely with them to build self-esteem because they all suffer from low self-esteem. She gives passes to the children to play games on the computer and they all do an art project from Windows Between Worlds called "The Monster in Me". This allows the children to express their feelings and often provides an opening to begin a discussion with the child. The teacher tells the story of one little boy who was about 5 years old. "He was very tough and really acting out. With the Monster project, I discuss feelings by saying your monster may be sad, happy, all mixed up, etc. This little boy drew a monster that was all mixed up. He's the oldest child. When I asked him about his monster and why he was all mixed up he just started crying so hard. Some kids get to me. I'll remember this little boy".

Staff

Geri Keloanui, Teacher

My Thoughts about Haven Hills

When I first entered Haven Hills Shelter I thought people were going to be mean, but they are all nice. All the people are nice; they help you out with your problems. You feel that your life is going to start over because they help you forget about every little problem.

When I came to Haven Hills, the 2nd day they gave us presents. Everybody is so nice. I think Haven Hills rocks; I think this shelter is the best!

One reason I came here is because my father is mean. He used to threaten my mother that he was going to kill her. My mother didn't work so sometime we didn't have anything to eat or anything. I feel safe, proud, and happy to be here at Haven Hills.

11 year-old girl



Up until the time of the first group session, I had been in a state of denial. During that session, a list of behavior patterns typical of batterers was described. Every one of them was a trait I'd seen in my husband. I realized that he was indeed a batterer, that my son had been truly abused and that I was in fact, a battered woman. I acknowledged that I had been abused in every way possible – emotionally, verbally, financially, physically and sexually. I unpacked my suitcase.

The counselors nodded with patient understanding. They had heard it all hundreds of times before, and would hear it again each time a new woman came to the shelter.

Haven Two

Statistics

30 Women
70 Children

When a woman comes to Haven Two, our 18-month transitional housing program, she has spent at least 30 days in a crisis shelter and has taken another step toward self-sufficiency. The counselors work with her to develop a plan for her to be able to support herself and her children when she leaves H2 after 18 months. They offer encouragement, advice on jobs or schooling, help her get a permanent restraining order, apply for public benefits and counsel her every step of the way so that when she leaves with her children she will have some security.

Haven Two is a program for low-income women who are required to pay a portion of their income to rent and to put a percentage into a savings account. This gives her a foundation for being on her own and providing for her children by herself. The comprehensive Haven Two program requires the women to participate in individual counseling, family therapy, group therapy, educational workshops, meetings with case managers and to work or go to school or both. It's so much more than housing. It's a chance to start over.

Staff

Marcella Cramer, Program Coordinator
Karen Soronow, Adult Counselor
Elizabeth Buckalter, Children's Counselor
David Nott, Part time child care
Travis Crandall, Part time child care
Jacob Navarro, Facility Maintenance

Volunteers

Alison Katz, Children's programs	Chelsea Kasai
Melanie Latauska, Children's programs	Mark Martin
Travis Crandall	Leanna Massimini
Sara Daniel	Reza Mikhchi
Zena Darwish	Ryan Rush
Mahogany Edwards	Laurel Rutherford
Bert Evans	Lauren Speer
Diana Hayden	Robyn Talbott
Steve Henry	Kristin Thomas
Katrina Hill	Lourdez Gonzolez Varela

Not only did they provide therapy and counseling, the shelter also helped give us tools for preparing for life on our own. We were taught practical skills such as budgeting, job hunting and parenting skills. We were given legal assistance to help us through the legalities of restraining orders, child support and custody disputes and divorce proceedings; and much of our time was spent making trips to the unemployment, welfare, and social security offices, to job interviews and apartment hunting.

The resilience and resourcefulness of the women kept shelter life interesting and at times even amusing. In our free time we would often band together to escape the sweltering summer by piling into someone's car to go en masse to the local shopping mall where, in our thrift shop finest, we would invade the department store's cosmetics counters for free makeovers. Shy Hortencia, whose husband had forbidden her to wear makeup, stunned us all by emerging as a beautiful version of young Sophia Loren.

Valley D.A.R.T. Domestic Abuse Response Team

Statistics

338 Women
8 Men
345 Children

The Domestic Abuse Response Team is an invaluable service for victims at the height of crisis. D.A.R.T. advocates accompany L.A.P.D. officers (from 5:30 p.m. until 3:00 a.m.) to domestic abuse calls to offer immediate support to the victim and children. Working in conjunction with the Domestic Abuse Center, the advocates interview the woman at the scene to get a more in-depth picture than the police chronicle in their report. They take a thorough history of the relationship and everything they talk about is confidential, requiring the woman's permission to release any of the information at any time. The advocate also interviews the children separately and asks the younger ones to draw a picture of what happened and explain the picture. The D.A.R.T. advocate gives the victim information about restraining orders and other resources including medical and legal referrals. If the woman needs to go to the hospital the advocate will accompany her for support. If she wants to go to a shelter immediately, the D.A.R.T. advocate will arrange that, too. The average interview takes 90 minutes and another 30 minutes with each of the children.

The advocate always follows up with the victim several times over the next few days. This lifeline makes all the difference. The D.A.R.T. advocate will accompany the victim to court because this can be an especially frightening time - she has to face her abuser.

This program provides immediate support and resources to victims of domestic violence and is critical in helping the woman begin to assess her options and next steps.

Staff

Gail Pincus, Consulting Supervisor
Josie Chavez Grimes, Advocate
Heather Humphrey, Advocate
Rachel Savel, Advocate

Volunteers

Vikki Bernis	Jennifer Hedger	Diana Peraza
Heather Benoit	Mirtha Hernandez	Sherre Razavi
Linda Duarte	Mary Ann MacDonald	Samantha Ross
Debbie Dullabaun	Elizabeth MacDowell	Cindy Sangalang
Sunni Dupree	Sanaz Nikbakhsh	Richelle Vawter
Chelsea Ehrke	Denise Parrillo	

Another myth that defied my belief system was my prejudiced assumption of what kind of woman would be found in a battered women's shelter. What I had not expected was to see, in this environment, a very wealthy woman who had driven to the shelter in her brand new Cadillac and two women my age, who were educated professionals from nice, normal middle class Jewish families. My roommate Jan, it turned out, had gone to high school with me. So much for stereotypes.

In that first day in the shelter I still didn't think that I really belonged there. I felt badly about taking up space that could better serve someone more pitiful and victimized than I believed I was. Meeting the other residents, I was stunned when I realized how close to my experience the other women's stories were. The thirty days we spent in the shelter at Haven Hills changed our lives forever. The group and individual therapy I participated in helped me to understand the dynamics of my battering relationship. Through counseling, my son was able to come to terms with the emotional and physical abuse he had sustained.

Counseling Clinic

Statistics

109 Women

Part of the pattern of domestic violence is isolation and the feeling that you are the only person going through this. Haven Hills provides group counseling for women not in our shelters in both daytime and evening sessions. Some are still in the relationship and some are not but all benefit from talking and learning from each other. Subjects covered in the group include self-esteem, the cycle of domestic violence, safety issues and resources among others.

One woman who joined our group says "it was amazing. When I got to group and other women started talking about their experiences I thought they were talking about my husband. The pattern was exactly the same". Learning about the pattern of domestic violence allows the woman to begin to realize that she will never be able to change the batterer's behavior and that it's not her fault. This is an important first step in her journey toward a violence-free life.

Staff

Nelly Ramos, Victim Service Coordinator
Linda Sparks, Community Outreach Worker
Lori Oberman, Community Outreach Worker
Librada Mann, Community Outreach Worker



The last few years have not been easy for me. Even now, nearly three years later, my husband is single-mindedly determined to get me back. I was warned some months ago that he is tired of waiting for me to come to my senses, and that he plans to find me. The stress of my ordeal left me physically and emotionally drained. During all of the difficulty I have endured, I have been nurtured and sustained by my continued access to the outreach services of Haven Hills.

I decided I was no longer going to spend my life cowering in fear. I rented an apartment under another name, found another job and filed for divorce. I devised methods to minimize the possibility of being found. The shelter staff who faced danger and healed tragic lives day after day remain the heroines upon which I modeled my courage.

In the absence of violence, my son has blossomed. He graduated from high school and is a college freshman. My therapist pushed me to survive through the turmoil and desperation of my chaotic life and created a secure environment in which to heal and to finally lay the past to rest. Therapy encouraged me to believe in my strength, helped me to acknowledge my talents, and gave me hope for a more fulfilling future.

CaWORKs

Statistics

75 Women

Victims of domestic violence have special concerns that can make it even harder to focus on finding and keeping a job. If they are applying for GAIN benefits and have domestic violence as an issue, Haven Hills' CaWORKs program offers case management to help them work toward self-sufficiency. We serve as a liaison between the client and the Department of Public Social Services to help obtain benefits and work with other agencies including Neighborhood Legal Services on restraining orders and child custody issues. Gradually, the woman begins to be able to advocate for herself and her children through the legal system. This is a vital step in her effort to become independent. This program includes support groups in conjunction with Outreach.

Staff

Adriana Franco, Program Coordinator
Maria Arancibia, Case Manager



Each of us had suffered through years of secrets and silence; but in sharing our stories in those group sessions, each of us discovered a quick bond forming with each other. Every disclosure triggered more forgotten memories locked inside the amnesia of our denial. The pain of these disclosures was softened by the compassion we felt for each other, and the understanding and encouragement shown us by the staff, who were available to us 24 hours a day.

Each "goodbye group" was fraught with deep sadness, as we hugged another woman who had been part of our new family and watched her drive off into the unknown. I can never forget them. Each one will always be an important influence on who I am becoming now. I vowed that when I left the shelter I would start my life over. I planned never to return to my husband. Blessed by my own determination, the ongoing strength and encouragement of the outreach program and the individual sessions I continue to receive, I have managed to beat the odds and remain free of my oppressor.

Love's Child

Statistics

98 Teens

The Love's Child Teen Violence Prevention Program is a collaboration with Trinity Lutheran Church of Reseda focusing on teaching teens to build healthy relationships. The program has a teen advisory group that guides the activities and sets the goals for the project. The students use art, poetry, photography, video and music to express themselves about relationships, abuse, trust and communication. The groups encompass both boys and girls and provide support group sessions in addition to the art activities. An essential part of the program is working with the teens to become leaders among their peers to encourage healthy relationships.

In May 2004 the group worked with the Valley Trauma Center to coordinate the first Teen Summit called *Flip - Flippin' the script on dating violence and sexual assault*. This extremely successful event had over 300 teens in attendance and offered a number of workshops addressing self-esteem, respect, communication and other issues relating to building healthy relationships.

The Love's Child program is an important part of a comprehensive effort to break the cycle of violence in our community. Children growing up in violent households are more likely to become batterers or abused because it's the behavior that they have learned. The intervention of programs such as Love's Child lets them know that this behavior is not healthy and gives them the skills to build better relationships.

Staff

Justina Nemoy, Program Coordinator
Yvahn Martin, Arts Facilitator
Adriana Guzman, Teen Advocate

*A fairy lonely in the underworld sea,
Once she finds her love, she won't have misery,
But since she's alone, she has to fight,
Under the blue moon and find the man that's right.
Elizabeth, age 17*

Of all the gifts Haven Hills has provided, the greatest has been the evolution of a family of sisters who have come together in what we call "The Survivors Group". Created for those of us who had left our batterers and needed a forum to deal with the unique challenges of life as "Formerly Battered Women", the Group has become more than a safe place where we support each other's struggles. We have formed bonds of deep friendship that have encouraged us all to make great strides toward successful lives.

Several of us have returned to school. All of us are setting new goals to realize our fullest potential.

Individual, Corporate and Foundation Donors

Haven Hills relies on the generous support of our community. We proudly acknowledge this support for the 2003- 2004 fiscal year. Please accept our apologies if your name is omitted from this list and please contact us so we can correct any errors.

\$1.00 - \$249.00

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Ethel Benham	Shelly Garcia	Juan Banda Magana	Carol Sheldon
Joel Bennett	Lori Garelik	Brian Magruder	Patricia Shelton
Carol Benson	Linda Gary	Perry Maguire	Azam Sher
Louise Benson	Gelb Enterprises	Myrna Margol	Robert Silverman
Vivian Berg	Michael J. Gibbs	Joy McCaslin	Yolanda Simmons-Bachtell
Richard Bergfeld	Forestine Gillett	Roy McComb	Pat Small
Margaret Bertolini	Robert Gips	Sarah McCoy	Marlene Snyder
Jackie Bilbulyan	Irving Gittelman	Dorothy McCrath	Isabelle Sokoloff
Mary Bilbulyan	Michael Glaros	Jana McCutcheon	Carol Solomon
Les Birken	Mary Gleason	Florence Menck	Alice Spilberg
Robert Bleiweiss	Donna Gold	S. Minanel	Mary Stenson
Dallas Boardman	Rabbi Jerrold Goldstein	MOMS Club of Chatsworth	Mary Stevens
Marty Bordo	Rose Goldwater	Elizabeth Moore	Dorothy Stotsenberg
Bryan Bower	Ladon Golkar	Chad Morley	Dorothy Strackbein Koetz
Paula Brand	Judith Gottlieb	Jean Moshin	Peter A. Strong
Joan W. Brandli	Graceland	Marge Mureau	Marion Swarthout
Maxine Brauer	Rhonda Greenstein	Thomas Murnane	Marcia Thacker
Mary Bremier	Sharon Greenwell	John Murphy	Karey K. Thomas
Harlis Brend	Craig Grover	Mira Nasarenko	Caroline A. Tidwell
Susan Bromiley	Ellen Gurstein	National Association Of Women	Saul Toledo
Barbara Brough	Carol Haaz	Business Owners	Twin Valley Cluster
David Bruck	Susan Halpern	Jerry Nedler	Vicki Unatin
Richard Buice	Greg Hanen	H. Nehoray	United Methodist Women, Sherman
Sue Butala	Karen P. Hellerstein	Mary Nelligan	Oaks United Methodist Church
Jose Campos	Murray Heltzer	Newman Grace Inc.	Unity Center Of Santa Clarita Valley
Pat Canfield	Jerri Hemsworth	Linda Newman	Beth Van Antwerp
Canoga Park WorkSource Center	Kimberly Herman	Penny Newmark	Earle Vaughan
Carpe Diem Productions, Inc.	Larry Hess	Catherine Nickerson	Lois Voge-Ziegler
Cars 4 Causes	Janice Hille	Blossom Norman	Elaine Walker-McGrew
Isaac Caston	Linda Holden	Elise Nybo	Paul Waller
Bonnie Caul	Mary Horn	Virginia O'Brien	Clare Weinstein
June Chayo	Brenda Hunter	Laurette Odney	Richard Welty
Stacy R. Childress	Rebecca Hurst	Nancy Olivas	Robert Wesel
Linda Clayton	Cindy Hutfless	Bernard Ostermier	Barbara White
Nancy Clevenger	Inside Track	Elizabeth Parker	Marian Wilson
Joyce Cochran	Invest-Her Club	Kathleen Payne	Mary Wilson
Gloria Cohen	Larry Jacobs	Robin Pelter	Faith Windsor
Thomas Condon	James Johnson	Barbara Jean Penny	Sandra Wolber
Nicole Cordonnier	Lee Johnson	Rachel Perlitsh	Women of the Moose No. 1419
Doris Cornell	Florence Jordan	Thomas Peterson	Suchin Yi
Melissa Cotter	Karen Kaplansky	Lottie Philipp	Karen Youra
Diane Davies	Laurel Karabian	Joy Picus	Diana Zlotnick
Dolores Deutsch	Patty Katzman	Patricia Pogemiller	Deborah Zumerling
Larry Dieli	Mark Kawauchi	Sharon Polak	
Terri Dokovna	Anita Kienle	Mary Press	
Terry Dooley	Barbara Klein	Matt Quinn	

Funding Sources and Grants

Agency Wide Statistics

African American - 8%
Asian/Pacific Islander - 4%
Latino - 59%
American Indian - 1%
Caucasian - 21%
Other - 7%

Grants and funding from the following sources have made it possible to continue providing programs that meet the ongoing needs of the community.

Community Development Department (CDD)

City of Los Angeles

Grant 1: Provides part of Shelter personnel costs and operating funds

Grant 2: Provides program staff for Haven Two and partial operating costs

Grant 3: Provides emergency intake staff

Mayors Criminal Justice Planning Office (CJPO)

City of Los Angeles

Funds Domestic Abuse Response Team (DART)

Department of Health Services (DHS)

State of California

Grant 1: Partial funding of Haven Two personnel and operating costs

Grant 2: Funds Love s Child Teen Violence Prevention Project

State Office of Emergency Services (OES)

State of California

Grant 1: Funds Outreach program and advocacy activities

Grant 2: Funds Domestic Abuse Response Team

Department of Community and Senior Services (CSS)

Los Angeles County

Grant 1: Funds emergency shelter services, partial funding of Children's Program at the shelter

Grant 2: Funding of all Haven Hills CalWORKs activities

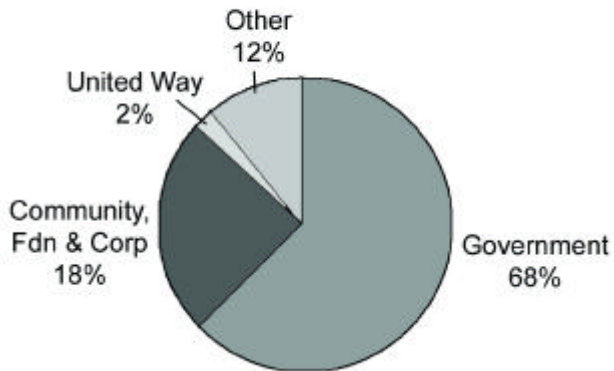
United Way of Greater Los Angeles

Provides unrestricted funds to be used as needed for programs/operations

Haven Hills has been fortunate to receive significant government funding over the years. The Board of Directors has determined, however, that fiscal independence will allow Haven Hills to be more effective in meeting future challenges. The Board is, therefore, dedicated to increasing community support through public education about domestic violence and the vital resources provided by Haven Hills.

Fiscal Year 2003 - 2004
July 1, 2003 - June 30, 2004

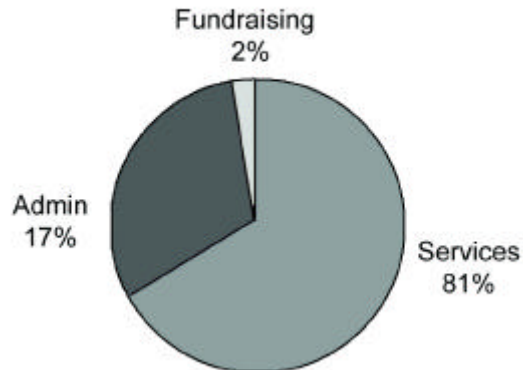
FY 2003 - 2004 Revenue



Revenue

Government	\$1,368,474
Community, Fdn. & Corp.	\$373,512
United Way	\$41,716
Other	\$240,503
Total	\$2,024,205

FY 2003 - 2004 Expenses



Expenses

Services	\$1,769,525
Admin	\$383,707
Fundraising	\$40,029
Total	\$2,193,261

Net Income \$ (169,057)

Vital Facts About Domestic Violence

How big a problem is it?

Domestic violence is a problem of epidemic proportions.

Approximately 1 in 4 (1.5 million) women are physically assaulted by an intimate partner each year.

(Tjaden P., Thoennes N. Full Report of the Prevalence, Incidence, and Consequences of Intimate Partner Violence Against Women: Finding from the National Violence Against Women Survey, NIJ; 2000)

On average, more than 3 women are murdered by their husbands or boyfriends in this country every day.

(Bureau of Justice Statistics Crime Data Brief, Intimate Partner Violence, 1993- 2001, February 2003)

In 1994, 37% of all women who sought care in hospital emergency rooms for violence-related injuries were injured by a current or former intimate partner.

(Rand, Michael, 1997. Violence-related Injuries Treated in Hospital Emergency Departments. U.S. Department of Justice, Bureau of Justice Statistics. Washington, DC.)

Approximately 1 in 5 female high school students reports being physically and/or sexually abused by a dating partner.

(Jay Silverman, PhD; Anita Raj, PhD; Lorelei Mucci, MPH; and Jeanne Hathaway, MD, MPH, "Dating Violence Against Adolescent Girls and Associated Substance Use, Unhealthy Weight Control, Sexual Risk Behavior, Pregnancy, and Suicidality," Journal of the American Medical Association, Vol 286, No. 5, 2001)

74% of employed battered women were harassed by their partner while they were at work.

(FamilyViolence Prevention Fund. 1998. The Workplace Guide for Employers, Unions and Advocates. San Francisco, CA)

In a 2002 report by the U.S. Conference of Mayors, 44% of the cities surveyed identified domestic violence as the primary cause of homelessness.

(The UnitedStates Conference of Mayors. 1999. A status Report on Hunger and Homelessness in America's Cities, p. 39)

About the women who are battered:

Women of all races are about equally vulnerable to violence by an intimate.

(Bureau of Justice Statistics, Violence Against Women: Estimates from the Redesigned Survey, August 1995)

Women who experience domestic violence are not weaker or less intelligent than the general population.

It's a myth they want to stay. Women try 7 times on average before they are able to successfully escape their batterers and begin new lives. Many don't make it out alive.

Frequently, it is the failure or lack of support systems that keeps women trapped.

About the children growing up in homes with domestic violence:

In a national survey of more than 6,000 American families, 50 percent of the men who frequently assaulted their wives also frequently abused their children.

(Strauss, M., Gelles, R. and Smith, C. 1990. Physical Violence in American Families: Risk Factors and Adaptations to Violence in 8,145 Families. New Brunswick: Transaction Publishers).

Studies suggest that between 3.3 & 10 million children witness some form of domestic violence annually.

(Children as witnesses to marital violence: A risk factor for lifelong problems among a nationally representative sample of American men and women. Report of the Twenty-Third Ross Roundtable. Columbus, OH)

Children who witness domestic violence are more likely to exhibit behavioral and physical health problems including depression, anxiety, and violence towards peers.

(Jaffe, P. and Sudermann, M. "Child Witness of Women Abuse: Research and Community Responses," in Stith, S. and Strauss, M., Understanding Partner Violence: Prevalence, Causes, Consequences, and Solutions. Families in Focus Services, Minneapolis, MN: National Council on Family Relations, 1995)

Two-thirds of the residents in battered women's shelters are children.

About the batterers:

Men who as children witnessed their parents' domestic violence are twice as likely to abuse their own wives than sons of nonviolent parents. *(Strauss, M. et al 1990)*

Domestic violence is a learned behavior, not caused by genetics, disease, alcohol and drugs, stress and anger, loss of control, or the behavior of the victim.

What works:

Although women are at increased risk of injury when trying to leave, they are safe only if they are able to successfully leave the batterer.

Support systems such as counseling, crisis shelters, transitional living and employment programs are important factors for women and children to escape the hold of domestic violence.

Providing mental health support and advocacy for children exposed to violence, as well as building up protective factors in the children's environment are key approaches to reducing subsequent problems and buffering further harm.

Shattering the Myths of Domestic Violence

MYTH: There must be something wrong with women who are in abusive relationships.

FACT: It's a myth that women who experience domestic violence have, in some way, encouraged or participated in their abuse. Research indicates that the only common trait shared by these women are that they were unlucky enough to have gotten involved with a partner who is abusive.

Domestic violence is an equal-opportunity horror touching women of all social, economic, religious, ethnic, and racial backgrounds equally.

When victims do reach out for help, the physical and psychological scars of domestic violence are what we see first – a woman who is weakened economically, spiritually, and socially. It is a mistake to assume that this was her personality prior to becoming a victim of her abuser.

It is the batterer who is responsible for domestic violence.

MYTH: Women can just leave – there are lots of resources to help them.

FACT: Women do leave – but it often takes seven attempts on average before they are able to successfully get away from their abusers and begin to build new lives. Most victims of domestic abuse have no place to go and no one to help them. Their abusers have kept them controlled and isolated, often cutting them off from friends, families, and jobs. It is the nature of abuse that everyday options – a support system, money, employment, and alternative living situations – are luxuries for the domestic violence victim.

Often, the threat to the victim if she leaves is so lethal that it is safer for her to stay with the batterer until a reasonable escape plan can be developed. Most murders of victims occur during this very dangerous period.

MYTH: There's no abuse – he doesn't hit her.

FACT: Abusive control takes many forms, not always physical. Economic, sexual, verbal, and emotional abuse leaves scars that debilitate the victim and the children just as much if not more than physical beatings. And because there are no visible wounds, observers often downplay the horrendous living situation the victim and her children are in.

Often, these other forms of abuse are the precursor to more violent, physical encounters.

MYTH: Too much is made of domestic violence – every husband or boyfriend loses his temper from time to time.

FACT: Domestic violence is not a casual loss of control – it is an ongoing pattern of control of another human being using fear, intimidation, and physical violence. It can and often does lead to murder.

The U.S. Surgeon General has identified domestic violence as a major health problem for women. Nearly 25% of American women report being physically assaulted or raped by a current or former spouse or partner at some time in their lifetime. *(Tjaden et al)*

And the children suffer. Children experiencing domestic violence may have short and long term physical, emotional and learning problems including increased aggression, anxiety, depression and developmental delays. *(Harris, William; Frank Putname, and John Fairbank. "Mobilizing Trauma Resources for Children." Presented as part of the meeting of the Johnson and Johnson Pediatric Institute: Shaping the Future of Children's Health, February 2004)*

This form of violence is a learned behavior, not a loss of control. More, rather than less, attention needs to be paid to this societal problem.

MYTH: Other people's domestic violence is none of my business. I'm not getting involved.

FACT: Domestic violence is everyone's problem. It rips at the very fabric of our society:

- Community infrastructure – drain on the police, fire, and social services departments
- Hospitals – one third of women seeking care in emergency rooms are victims of domestic abuse
- Employers – lost wages, lower productivity, increased cost of health insurance
- Schools – children of domestic violence perpetuate the violence they see at home

Getting involved can be as simple as becoming more knowledgeable about domestic violence and supporting the services provided by Haven Hills.

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